

JANUARY 11, 2024

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

FSD Replacement Levy **COMMUNITY INFORMATION MEETINGS**

THURS., JAN. 18TH
6:00PM - ROCKFORD FIRE STATION

MON., JAN 22ND
12:00PM - HARVEST MOON
6:00PM - LIVE ZOOM



The replacement levies are more than a line on a ballot; they are an investment in the future of our community. By understanding their implications, financial aspects, and the services they support, voters can make informed decisions that align with their values and contribute to the overall well-being of neighborhoods. Please join us for one of our community meetings to learn the facts about the replacement levies on the ballot for February 13th. It will be an opportunity to engage in discussions to ensure your vote reflects the best interests of your community.

[Learn more about the
levy measures here](#)



In This Issue

Levi Information Meetings

PAGE 01

Upcoming Events

PAGE 02

Used Book Drive

PAGE 02

Running Start Info Night

PAGE 02

College/Career Readiness

PAGE 03

CTE Highlights/Website

PAGE 03

Athletic News & Events

PAGE 04

Daily Happenings at FHS

PAGE 05

Golden Garment Spirit Days

PAGE 06

Student Highlights

PAGE 07-09

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

RUNNING START INFO NIGHT

TUESDAY FEBRUARY 6TH 6:00PM
@ FREEMAN HIGH SCHOOL



 Community Colleges of Spokane
Spokane Falls Community College

 Community Colleges of Spokane
Spokane Community College

10TH AND 11TH GRADERS
& THEIR FAMILIES

Questions?
Email Ms. Holm

KHOLM@FREEMANSD.ORG

UPCOMING events

JANUARY 12TH
NO SCHOOL - Teacher P.D.

JANUARY 15TH
NO SCHOOL - MLK Jr. Day

JANUARY 16TH
Financial Aid Night - 6pm MPR

JANUARY 26TH
End of 1st Semester

FEBRUARY 6TH
Running Start Info Night 6pm

FEBRUARY 7TH
LATE START FOR STUDENTS
10:15am

FEBRUARY 19TH
NO SCHOOL - President's Day

A listing of High School events can be found under the High School website at the "Calendar" tab.

BOOK DRIVE

January 8th-19th

Bring your gently used books
from home. All donations will
benefit the FSD libraries!

**Donate your gently used
books. Look for boxes with
this flyer in the foyer of your
school!**



CTE

COLLEGE CAREER
readiness

CTE STUDENT SPOTLIGHT & EVENTS:

We invite you to visit our CTE webpage on the FSD website. We will be spotlighting CTE students throughout the school year (find this month's CTE Student Spotlight on page 8 of this version of the Friday Flyer), and posting pictures and updates from competitions, field trips and class projects. You will also be able to find helpful information on our CTE class listings and more. We also have sections for our middle school and elementary CTE and STEAM classes.

Please check it out today through the link below. Or go to www.freemansd.org and then go to the "District Departments" tab and select "Career and Technical Education."



[FSD CTE Webpage](#) 

FINANCIAL AID INFORMATION SESSION:

On January 16th, Freeman High School will host a Financial Aid Information Session from 6-7:15pm in the MPR. This is specifically designed for seniors and their parents/guardians. This session will cover FAFSA information, scholarship details, and answer additional questions you may have about the financial aid process.

IMPORTANT COLLEGE & CAREER READINESS DATES:

- January 10: Washington State Opportunity Scholarship opens
- January 16: Financial Aid Night - Seniors 6pm - 7pm in the MPR
- January 23: EWU Instant Decision Day - 10-11am in the Library
- January 24: Health Sciences Career Fair @ The HUB 12:00 - 1:30pm (sign up in advisory)



Upcoming Sports



1/12 - @ Medical Lake BJV-4pm, GJV-5:30pm, BV-5:45pm, BC-7pm, GV-7:15pm

1/18 - @ Lakeside (JV & C Only) BC-4pm, GJV-5:45pm, BJV-7:15pm

1/19 - @ EWU vs. Lakeside Golden Garment Games GV-6pm, BV-8pm

1/20 - vs. Colville GJV-2:30pm, BJV-4pm, GV-4:15pm, BC-5:30pm, BV-5:45pm



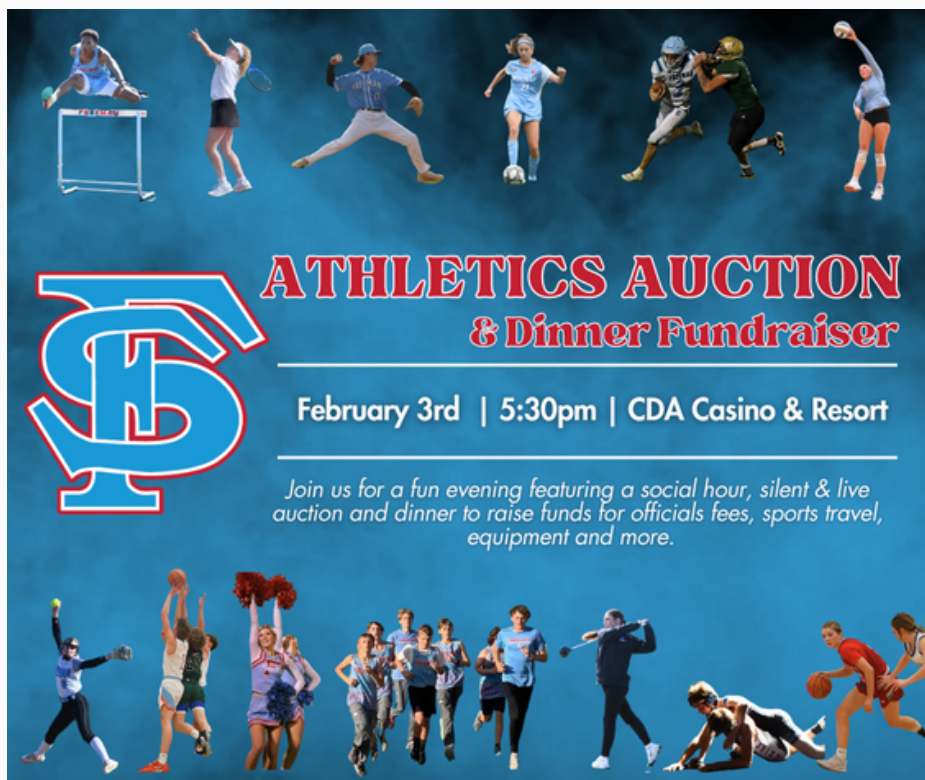
1/12&13 - River City Duals in Post Falls

1/17 - vs. Deer Park (Senior Night) 6pm

Important Sports Links:



Pay Fines/Fees



ATHLETICS AUCTION & Dinner Fundraiser

February 3rd | 5:30pm | CDA Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment and more.

There is only a little over a week left to purchase your tickets to attend the 2nd Annual Athletics Auction & Dinner Fundraiser. Tickets must be purchased by **Monday, January 22nd**. You can purchase your tickets in the office with Mrs. Hayek or online [here](#) by **January 22nd**. \$50/person or a table of 8 for \$375. Please note that the only reserved seating option is to purchase an entire table. All other tickets will be open seating.

If you have items to donate, please email khayek@freemansd.org or bring in your items to the school office by Monday, January 22nd.

GOLDEN GARMENT GAME ADMISSION



Please note: the ticket gate for the Golden Garment games at EWU on 1/19 will be GoFan only - NO CASH OR CHECKS. Freeman HS students with ASB card in hand will get in FREE. All others will need to purchase tickets through GoFan [here](#).



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
0	7:00 - 7:50	50 min
1	8:15 - 9:05	50 min
2	9:10 - 10:00	50 min
SCOTTIE BREAK	10:00 - 10:10	10 min
ADVISORY	10:13 - 10:35	22 min
3	10:40 - 11:30	50 min
4	11:35 - 12:25	50 min
LUNCH	12:25 - 12:55	30 min
5	1:00 - 1:50	50 min
6	1:55 - 2:45	50 min

2 Hour Late Start		
1	10:15 - 10:51	36 min
2	10:56 - 11:32	36 min
3	11:37 - 12:13	36 min
LUNCH	12:13 - 12:43	30 min
4	12:47 - 1:23	36 min
5	1:28 - 2:04	36 min
6	2:09 - 2:45	36 min



ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 10:00am - 10:10am. Cost: \$2.20

LUNCH - served at the High School in the MPR. Cost: \$3.50



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

UNDIE 500

January 11th-19th



DRESS UP DAYS

Thursday - Start Your Engine (Sports)

Friday/Monday - No School

Tuesday - Pit Crew (Twin)

Wednesday - Booster Seat (Kid)

Thursday - Checkered Flag:

Seniors/Juniors - Black

Sophomores/Freshmen - White

Friday - Golden Garment (Gold)



Gus



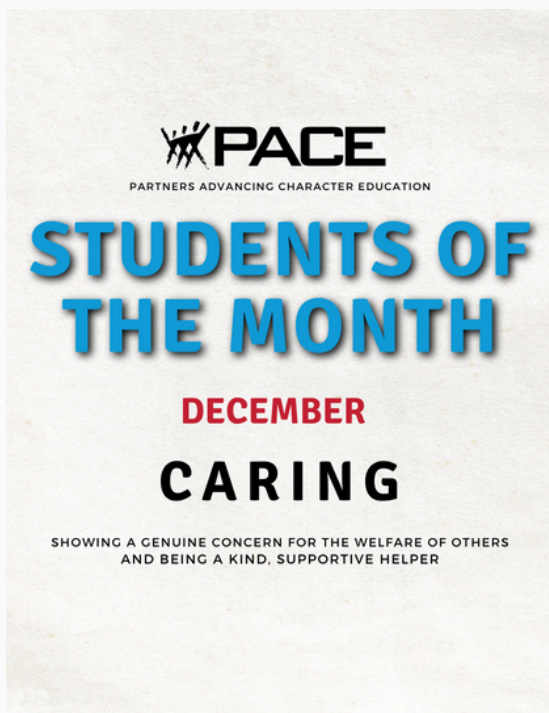
Madisen



Tyce



Lily



Gabe



Molly

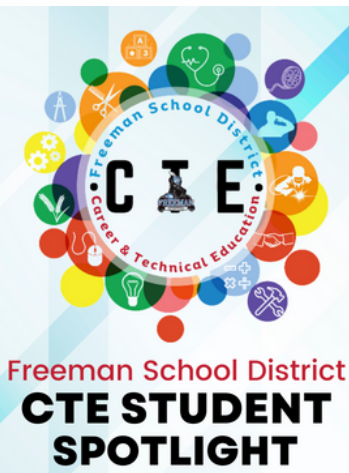


Ethan



Kharee

Student HIGHLIGHTS



Lane Mathews



Lane Mathews is a junior at Freeman High School. His journey into sports photography is a testament to the power of passion and self-driven learning. Starting with a Yearbook class, he discovered his knack for capturing moments through the lens. His venture into sports photography began just last year, yet his dedication swiftly propelled him into covering events for various schools and even prestigious institutions like Gonzaga University and EWU. His involvement with Scorebook Live, handling game photos, edits and player interviews showcases his multifaceted skill set and adaptability in diverse settings, all honed through his "learning on the fly" approach and networking. Networking is a skill Lane developed when he started his own lawn care business. A skill that continues to serve him well.

The advice Lane offers to aspiring photographers echoes his own experience: perseverance, a hunger for learning, and embracing the learning curve are crucial. His emphasis on finding balance resonates, emphasizing the importance of not being discouraged by initial shortcomings but instead viewing them as stepping stones toward growth. His mentors - fellow photographers and supportive teachers like Ms. Longinotti and Mr. Thompson - have played pivotal roles in nurturing his passion and expanding his horizons.

Beyond photography, Lane envisions a potential career in law enforcement, demonstrating his multifaceted interests. However, he intends to keep his passion for sports alive, considering sports announcing as a possible side pursuit. His journey is a testament to how a simple interest, when cultivated with dedication and supported by a network of mentors and peers, can unfold into promising prospects and a broader set of skills for the future.

Student HIGHLIGHTS

